

<b>Title</b>	<b>Author</b>	<b>Theme</b>	<b>Overview</b>
<b>Relationships</b>			
The Family Book	Todd Parr	Families	This book shows the diversity of families using colourful pictures and animals.
Sometimes Jokes Aren't Funny	Amanda Doering	Friendships	This book focuses on a group of friends and one in particular who uses jokes to make fun of people and bully them.
Best Friends or Not?	Paeony Lewis	Friendships	This story looks at best friends who fall out and how much fun they have playing when they compromise.
On Sudden Hill	Linda Sarah and Benji Davies	Friendships	This book explores the feelings of insecurity faced in changing friendships when a new person joins a friendship group.
The Invisible String	Patrice Karst and Joanne Lew-Vriethoff	Relationships	This is a story about the 'invisible' connections between loved ones, even when they are not together.
Wonder	R.J. Palacio	Friendships, relationships and acceptance	This story follows the life of a boy with facial disfigurement due to DNA abnormalities and his journey starting middle school having been home schooled (suitable for upper ks2).
<b>Emotions</b>			
Have You Filled a Bucket Today?	Carol McCloud and David Messing	Emotions	This book encourages positive behaviour by using the concrete concept of an 'invisible bucket' that holds your good thoughts and feelings.
The Worrysaurus	Rachel Bright and Chris Chatterton	Emotions	This is a reassuring book about dealing with worries. Great to support children with high levels of anxiety or to promote resilience.
The Colour Monster	Anna Llenas	Emotions	
Shelter for Sadness	Anne Booth and David Litchfield	Feelings and well-being	This book explores the importance of making space and time for our own griefs, small or large.
Michael Rosen's Sad Book	Michael Rosen and Quentin Blake	Emotions, particularly sadness	Although mostly about grieving, this book also explores sadness generally, following Michael's own grief after the death of his son.
Let's Talk About When Someone Dies	Molly Potter	Bereavement	This book explores the feelings, actions and ceremonies of death and bereavement.
<b>Well-being and mental health</b>			
My Strong Mind	Niels van Hove	Well-being	This book follows Kate, as she uses her strong mind to tackle her daily challenges with a positive attitude.
Cloud Boy	Marcia Williams	Well-being and stress	This book examines the emotions Angie experiences during her best friend Harry's terminal illness. Transferable to anyone experiencing stressful life events (suitable for upper ks2).
Ruby's Worry	Tom Percival	Worries and well-being	This book explores how important it is to tell someone if you have a worry. It follows Ruby and her worry that grows into a shadow-like entity when she tries to ignore it.

Thank Goodness for Bob	Matthew Morgan and Gabriel Alborozo	Worries and well-being	Max's dog, Bob, teaches him that the best way to deal with worries is to share them with a friend.
The Heart and the Bottle	Oliver Jeffers	Mental health and loss	When something happens to make a girl take her heart and put it in a safe place, she discovers that the world is even emptier than before. Touching on depression and loss but also looking at the power of imagination and love.
Not today, Celeste	Liza Stevens	Depression	This is a story about living with somebody suffering from depression, told through the eyes of a dog called Celeste.
<b>Bullying</b>			
Troll Stinks!	Jeanne Willis and Tony Ross	Cyberbullying	Billy the Goat and his friend are playing with a phone when they decide to send mean messages to the Troll living under the bridge. They soon discover the impact their actions have on the Troll.
Is it Because?	Tony Ross	Bullying	This book tells the story of a boy who is the victim of an unpleasant bully. The boy questions why the bully might be picking on him.
Newspaper Boy and Origami Girl	Michael Foreman	Bullying and homelessness	Joey is a poor newspaper seller who sleeps on the street. After bullies steal his money, his newspapers transform into a superhero who takes him on an adventure.
All the Things that Could Go Wrong	Stewart Foster	Bullying and friendship	This narrative follows the viewpoints of teenagers Alex and Dan who end up working together on a project where empathy develops and their relationship grows (suitable for upper ks2)
<b>Equality and acceptance</b>			
Perfectly Norman	Tom Percival	Acceptance and diversity	This story follows Norman, a young boy with wings, who worries what other people will think of them. Links to values of courage, diversity and tolerance.
The Boy in the Dress	David Walliams	Equality and acceptance	This is a book about equality and self-acceptance (suitable for upper ks2).
How to Be a Lion	Ed Vere	Acceptance and bullying	This lovely book works together with a friend to communicate to a group of bullies that there is more than one way to be a lion!
<b>Growth mind-set and resilience</b>			
The Dot	Peter H. Reynolds	Resilience	The story of a little girl whose art teacher helps her develop a 'can do' attitude.
Bears Don't Read	Emma Chichester Clark	Resilience and determination	George the bear will need a great deal of determination, resilience and a little help from a friend in order to overcome the obstacles on the path to success.
Rosie Revere, Engineer	Andrea Beaty and David Roberts	Embracing mistakes	Rosie has a passion for inventing and dreams of becoming a famous engineer. Along the way Rosie must learn how to respond to mistakes.
After the Fall	Dan Santat	Resilience	This humorous picture book recounts the brave and arduous journey Humpty

			Dumpty took to get back to the top of the wall again.
<b>Other</b>			
Dogs Don't Do Ballet	Anna Kemp	Stereotypes	This book looks at stereotypes through a dog who dreams of being a ballet dancer.
Alien Nation	Matty Donaldson	Gender	This book tells the story of planet girl and planet boy and what happens when people explore gender. It is a good springboard for discussion around trans and non-binary children.